

Coaching Your Emerging Leaders

Course Summary

Course Goal: To apply the GROW model in real life situations to your employees.

Course Description: This course is created to help supervisors or managers coach their employees, using the GROW model. The course includes the coaching definition, benefits of coaching, and the practicing the GROW model to coach your employees.

Course Audiences: Supervisors, Managers, anybody who wants to learn about coaching.

Course Objectives:

- Define coaching
- Describe the importance of coaching for you and your team
- Explain a good coach's characteristics
- Describe the benefits of coaching for you and your team
- Apply the four steps of the GROW coaching model

Structure of Course

- What is Coaching?
- What are the Benefits of Coaching?
- What is GROW model?
- What are the ways to apply GROW model in real-life situations?

Length of Course: 2 hours

Materials and Supplies Required:

- Participants Guide
- Instructor Guide
- PowerPoint Presentation

Equipment

- Computer
- LCD Projector

Instructional Methods

- Lecture
- Question – Answer
- Role-Playing